



Handbook of cyber safety tips for parents:

1. Educate yourself about the online risks and dangers that your children may face. This will help you to better understand the steps you can take to protect them.
2. Set limits on your children's screen time. It is important for children to have a healthy balance between their online and offline activities.
3. Talk to your children about online safety and the importance of being cautious when using the internet.
4. Encourage your children to be responsible online and to use the internet in a positive way.
5. Help your children to create strong and unique passwords for their accounts and devices. Consider using a password manager to help keep track of these passwords.
6. Be involved in your children's online activities. Take the time to understand what they are doing online and to monitor their internet use.
7. Teach your children to be careful about sharing personal information online, including their name, address, phone number, and other identifying details.
8. Encourage your children to be respectful and kind to others online. Cyberbullying and other forms of online harassment can have serious consequences.
9. Set up parental controls on your children's devices to help protect them from inappropriate content and other online dangers.
10. If your children encounter anything online that makes them feel uncomfortable or unsafe, encourage them to speak with you or another trusted adult about it.